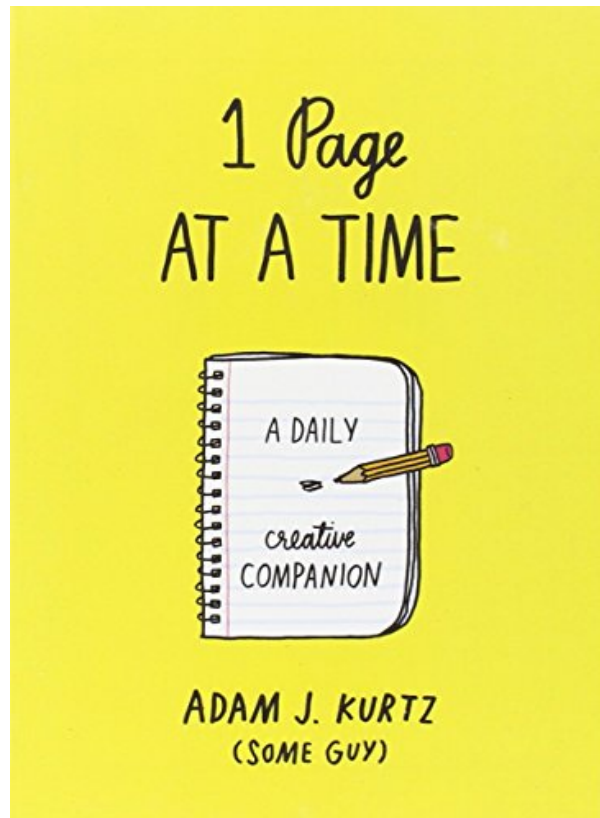


1 PAGE AT A TIME: A DAILY CREATIVE COMPANION BY ADAM J. KURTZ



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Review

Full of whimsy, wit, and cute doodles, 1 Page at a Time is the perfect inspirational tool, journal, and way to get to know yourself better. - Powell's Staff Pick

The hefty creative journal is a product of Kurtz' bold perspective on human emotion in our contemporary world. 1 Page at a Time ensures that you'll find encouragement, entertainment and inspiration in its pages. - HOW Magazine

Perfectly silly, thought-provoking, and uplifting. - BuzzFeed

A funny and conversational take on the process of working that is a must for any creative. - Urban Outfitters Blog

From the Author

A tough year became the inspiration for 1 Page at a Time. It's an introspective journal with a sense of humor, at times sarcastic, optimistic and anxious, with small notes and reminders tucked in. But it's not me, it's you - pushing you to really think about who you are right now and what you want to be. It's a slow climb in a fast internet world, and proof that you're going to (literally) make it through the year, even if that feels impossible now.

The best part about this book is that though it's a solo journey, the hashtag in the book connects you to thousands of other people all around the world (it's been published in several languages now). You might find a penpal, or you might just realize that we're all facing our individual challenges together.

About the Author

Adam J. Kurtz is a Brooklyn-based artist and author whose first book, 1 Page at a Time: A Daily Creative Companion, has been translated into fifteen languages. His "very personal" personal work has been featured in Fast Company, PAPER, NYLON, BuzzFeed, HOW, Refinery29, Design*Sponge and elsewhere. He has collaborated with brands like Tumblr, Urban Outfitters, Fishs Eddy, Strand Bookstore and Brooklyn Public Library, and worked for clients including the New York Times, Pepsi and Adobe.

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Now available in red, blue, and yellow!

1 Page at a Time: A Daily Creative Companion is a journal, scrapbook & anything else. It's whatever you say it is. Slowly fill the book and by the time it's done, you'll have a perfect keepsake of the year you made it through.

Every day is a chance to create something new for yourself. Put down your phone and pick up a pencil. Give yourself some space. The Internet will still be there. Start with one page at a time, and you'll be surprised at just how much you can create. Each of the 365 prompts in the book will encourage you to draw, write, list, reflect, and share. This book is your new best friend.

- Sales Rank: #12430 in Books
- Published on: 2014-10-07
- Released on: 2014-10-07
- Original language: English
- Number of items: 1
- Dimensions: 7.50" h x .90" w x 5.50" l, 1.00 pounds
- Binding: Diary
- 384 pages

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Most helpful customer reviews

173 of 184 people found the following review helpful.

if he makes fun of me

By queen bee

For the first half of Adam's life, I was the source of much unsolicited advice. But since then, he has worked hard to produce his art and his ideas to share with everyone. His hard work, determination and friendliness have created an environment of understanding, creativity, empathy and motivation. It may be only paper, but once completed, it will become a powerful tool for you to see where you have been and where you want to grow.

His book is a credit to him and his honesty and compassion for others.

But, if he makes fun of me, cut me some slack...

signed, Adam's Mom (nope, I don't get any royalties)

43 of 47 people found the following review helpful.

It's Awesome. If You Buy This, You'll be Awesome, too!

By Jessica McKelden Cave

I've been a big fan of Adam's stuff for quite some time and I was so excited to hear that he was finally coming out with a book. I've been using his calendar/planner since the beginning of the year and I still find myself having fun with it every day. I knew a book would be no different.

First off, I quite adore his style. His writing is witty. His sketches are fun and whimsical. He always keeps me guessing about what's on the next page. I'm always excited to get to the next day. It's almost a challenge to keep myself from peeking ahead sometimes.

This type of book--the journal prompt, sketchy, inspiration-filled, page-a-day books--is honestly a-dime-a-dozen, but Adam's book is different. Don't get me wrong. He still has tons of creativity, inspiration, motivation, and wit on each page, of course. But there is one huge difference: he helps you learn more about yourself. While some pages are just goofy and fun to fill in, many prompts will make you stop and think.

In conclusion, this book is awesome. If you fill it out, you will be awesome, too.

(Also I think it's the absolute cutest thing ever that his mom wrote a review and let everyone know her son is the bomb. Cutest. Thing. Ever.)

19 of 20 people found the following review helpful.

Adam's snarky realness mixed with his brilliant design and wit make this little book your new ...

By Sarah Solomon

Adam's snarky realness mixed with his brilliant design and wit make this little book your new sassy and wise best friend. There are pages for when you're just bored, pages for when you're laughing, pages for when you're crying, and pages for when you're feeling introspective. It's really the perfect gift and you should start by buying one for yourself.

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