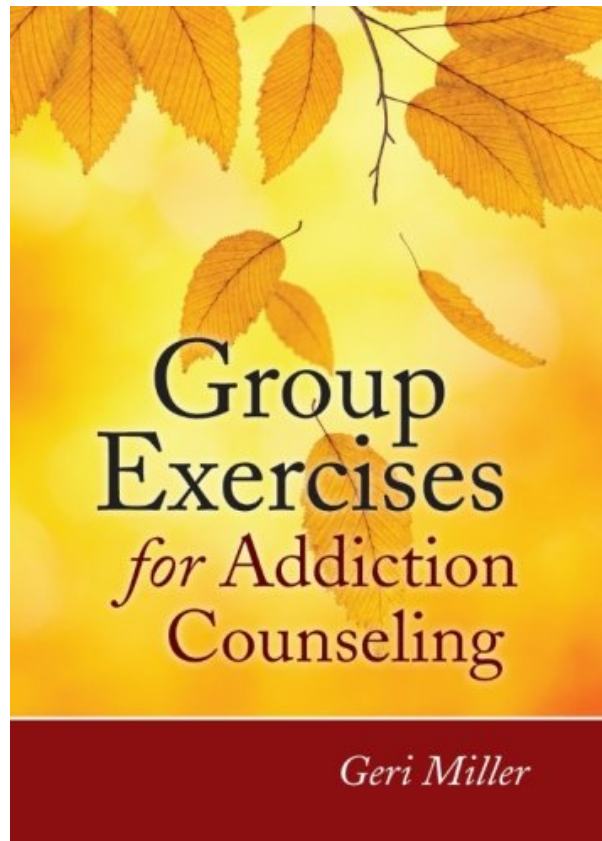
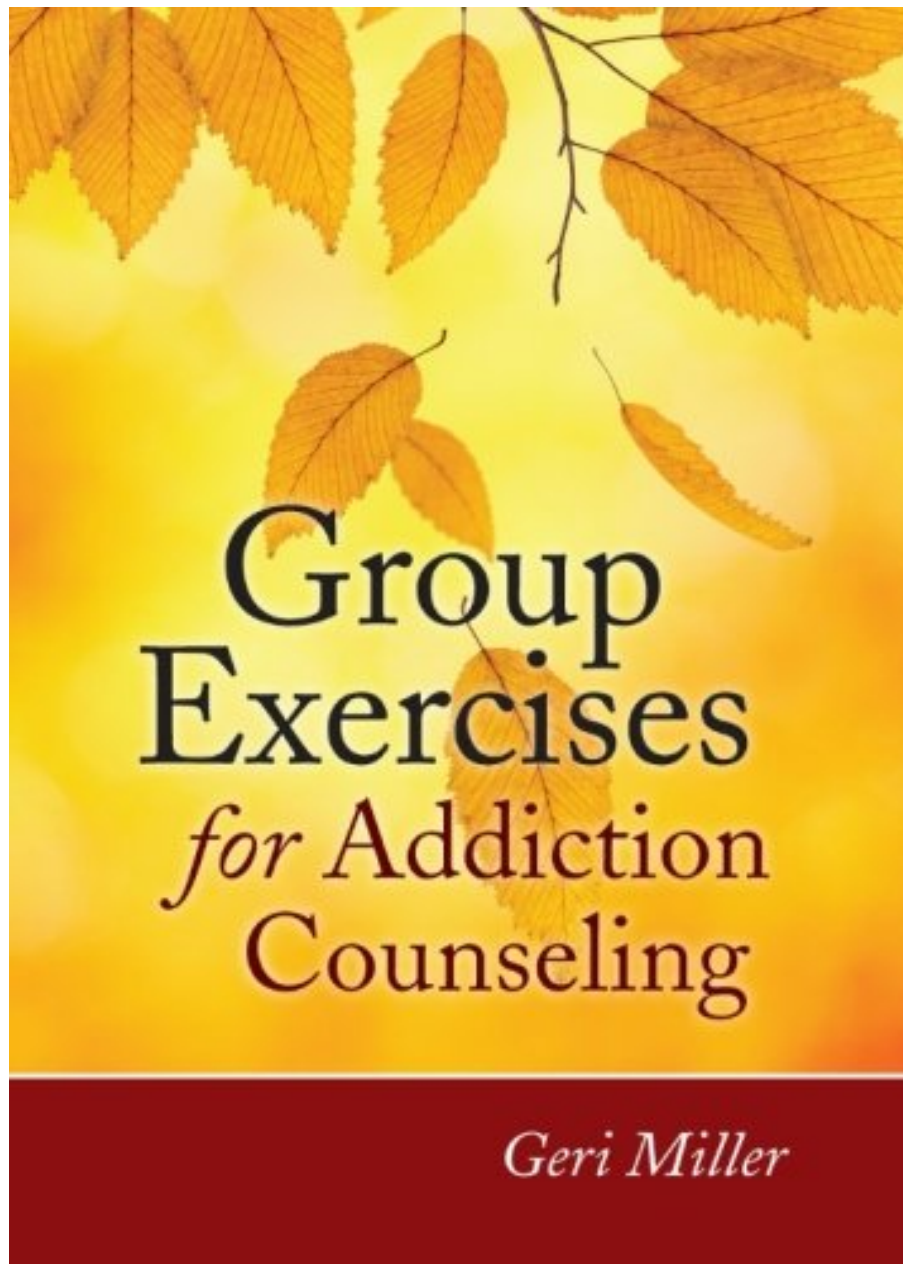


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Geri Miller, PhD, Diplomate in Counseling Psychology, ABPP, is a Full Professor in the Department of Human Development and Psychological Counseling at Appalachian State University. She is a Licensed Psychologist, a Licensed Professional Counselor, a Licensed Clinical Addictions Specialist, and a Substance Abuse Professional Practice Board-Certified Clinical Supervisor. She is a Disaster Mental Health Worker with the American Red Cross and has responded to local, state, and national disasters. The author of four books, including Learning the Language of Addiction Counseling, Third Edition (Wiley), Dr. Miller was awarded the 2009 Ella Stephens Barrett Award for excellence in professional leadership, the most coveted honor bestowed by the North Carolina Counseling Association.

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An indispensable collection of ready-to-use, proven exercises

Providing immediately useful group counseling suggestions and tips for addictions counselors, *Group Exercises for Addiction Counseling* offers powerful techniques that can be adapted to any clinical practice.

Written in the author's gentle yet purposeful voice, this reader-friendly resource is filled with guidance for developing an addictions counseling group; handling Stage 2 confrontations of the leader; and building group member awareness. In addition, the author helps counselors enhance client awareness of addiction-related stressors and how to cope with those stressors.

Group Exercises for Addiction Counseling contains valuable information on:

- Addiction recovery
- Family, relationships, and culture
- Feelings exploration
- Group community building
- Recovery skills
- Values
- Opening and closing each group session

Fostering care, respect, and honesty in the group counseling setting, the techniques found in *Group Exercises for Addiction Counseling* allow counselors to help their clients break out of dysfunctional interaction patterns and live better lives.

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By Beau

I have used this book a great deal with student interns and registered interns seeking licensure in social work or mental health. It is a great tool to assist beginning therapists in process groups as well as psycho-educational groups. The book is easy to read and easy to apply. I have encouraged many therapists to purchase this text and they have and not one has been disappointed. Even as a seasoned clinician, I picked up a few ideas to develop group skills and encourage discussion.

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a good book for anyone who needs group ideas handy at all times

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