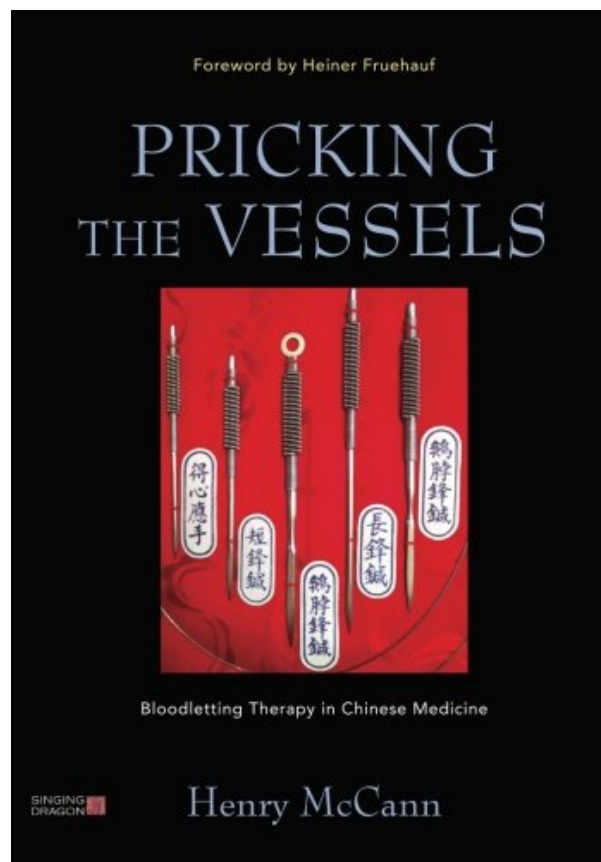


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PRICKING THE VESSELS



Bloodletting Therapy in Chinese Medicine

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Review

The field of Chinese medicine in the Western hemisphere is maturing. Henry McCann's volume on the ancient Chinese methodology of bloodletting is among a rare group of contemporary monographs that demonstrates this development. --from the foreword by Heiner Fruehauf, PhD, LAc, Founding Professor of the School of Classical Chinese Medicine, National College of Natural Medicine, Portland, Oregon

Our scope of practice has declined over time; acupuncture schools today rarely teach the intricacies of bloodletting. If we lack this powerful modality, we may not have the best tool for the next patient who walks in the door. Dr. McCann s book is a brilliant discussion of the theory and practice of bleeding therapy, providing information that has been unavailable in English up until now. Your practice will not be the same! --Lorraine Wilcox, author of Moxibustion: A Modern Clinical Handbook and translator of Volumes 5 and 9 of The Great Compendium of Acupuncture and Moxibustion

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The first text on bloodletting therapy for Western practitioners of Chinese medicine, this authoritative text explores the theory and function of bloodletting, and provides detailed instruction on its clinical use.

Bloodletting therapy, which works to remove internal and external disruptions to the system through the withdrawal of small quantities of blood, has numerous benefits, especially concerning the treatment of complex or chronic disease. Yet the technique is often met with alarm in the West and side-lined in favour of less controversial treatments such as fine-needle acupuncture, and moxibustion. This book provides a concise overview of its theory, historical and contemporary relevance, and clinical guidance. With detailed reference to the classic texts, the author clarifies the fundamental Chinese medical theory related to blood and the network vessels, and provides an in-depth discussion of the benefits of and practice guidelines for bloodletting. The book includes a chapter on the classical acupuncture techniques of Tung Ching Chang whose work is attracting increasing attention in the West. Through the exploration of classic texts and contemporary standards, the book provides everything needed to gain a comprehensive understanding of the technique and to encourage its use as a viable treatment option in the West.

It will be an invaluable addition to the resources available for acupuncturists, as well as students and practitioners of Chinese medicine more generally, including those interested in all Chinese approaches to health.

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1 of 1 people found the following review helpful.

Excellent Work on Bloodletting

By Parago Jones

I like this book by Henry McCann. An important contribution. I'm still working my way through it and so far I give McCann 5 stars. I am a TCM school administrator in an ACAOM accredited acupuncture school, teacher, and practitioner, and am in the books often. Bloodletting has been so majorly missing from our OM literature in English. Majorly. It's barely a footnote. So thank you to McCann for this contribution. Hopefully we'll see more of this subject but a great start in *Pricking the Vessels*.

4 of 4 people found the following review helpful.

A beautifully illustrated book.

By Dr Prem

A truly well written and systematically organized resource book for serious acupuncture therapists. The book delineates all the Tung points, specific indications for bleeding and very precise disease specific prescriptions. The book has been written with professional acupuncturists in view, who can use the power of

bleeding therapies to make excellent progress with the standard needle based therapies. The illustrations are also clear and unambiguous.

3 of 3 people found the following review helpful.

Excellent!

By mercer king

Excellent, concise, written with brevity of style, historically supported, and clinically useful! Wish there were more books on this subject and as well written on any subject.

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