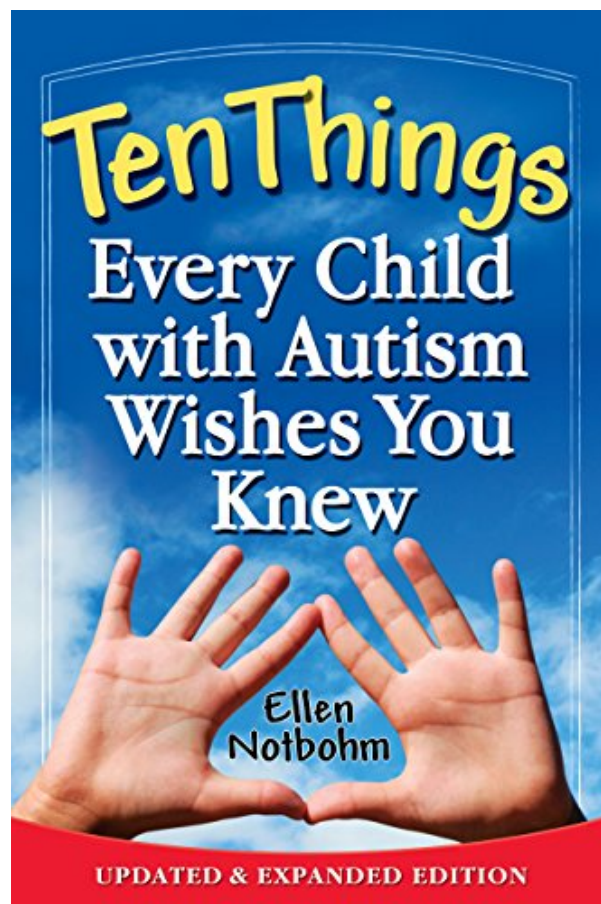
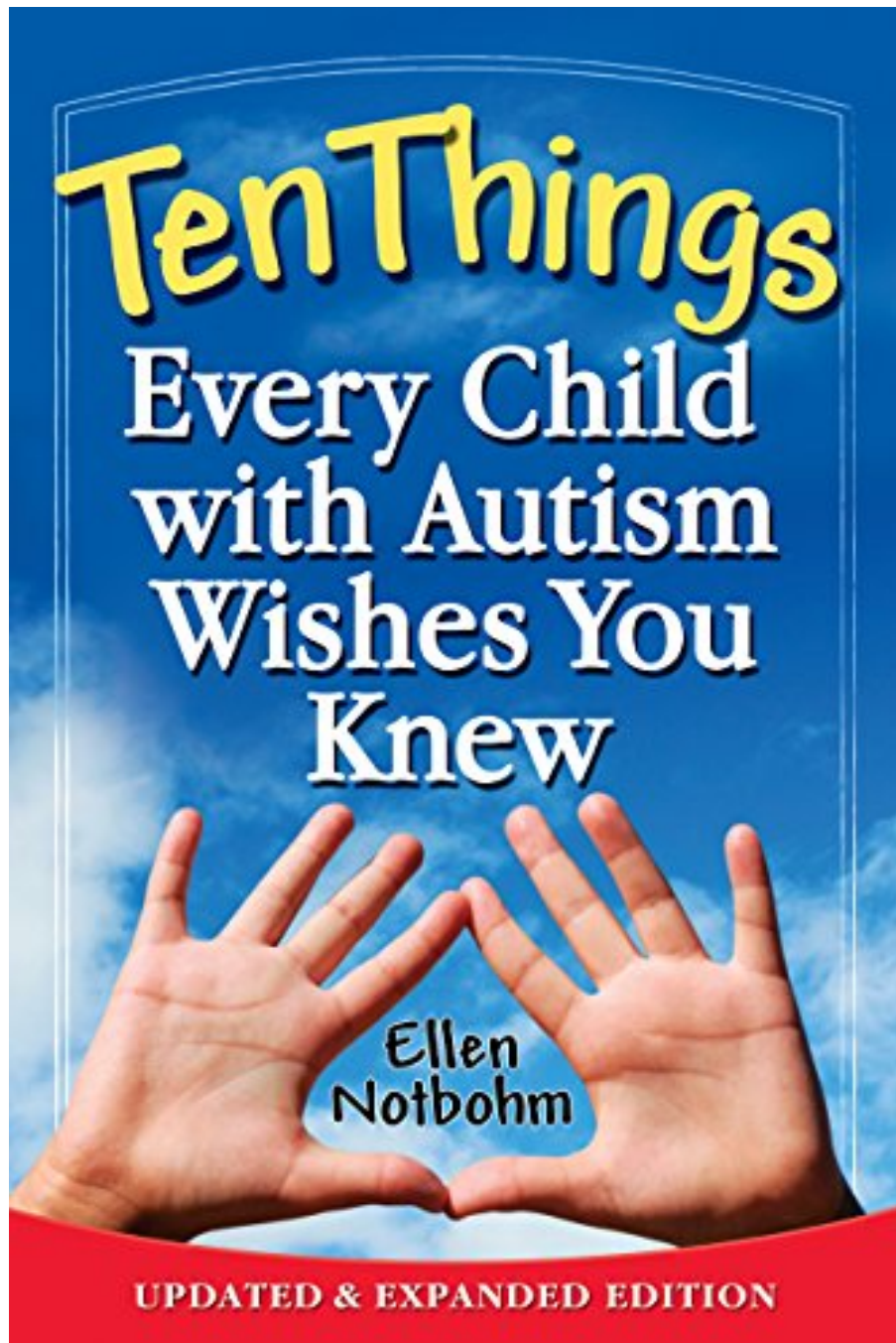


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WISHES YOU KNEW: UPDATED AND  
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## Review

“The **FIRST** book you should read when your child is diagnosed. Written by a mum with fantastic insight into the world of autism, through the child’s eyes, and having a son of her own with ASD really shines through in the book. It is an intelligent and empathetic book written FOR our children. Ellen Notbohm is an amazing mother and author! Have bought this book for ALL my family.” --Trinny Holman, Queensland, Australia Ellen Notbohm reminds us once again that we should learn more than we teach and that we should listen more than we talk. This new edition of Ten Things emphasizes these points and offers readers new material and dozens of rich questions for discussion.

--Paula Kluth, PhD

Author, *You’re Going to Love This Kid* and *Pedro’s Whale*

A superb explanation of how sensory processing challenges can affect a child's behavior, and how occupational therapy in a sensory integration framework can effect wondrous changes!

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## About the Author

Ellen Notbohm is the internationally renowned author of one of the autism community's most beloved books, *Ten Things Every Child with Autism Wishes You Knew*, and three other award-winning books, including *1001 Great Ideas for Teaching and Raising Children with Autism* (with co-author Veronica Zysk), a Silver Medal winner in the Independent Books Publishers Awards. The mother of sons with autism and ADHD, Ellen's work has demystified autism for millions of families and professionals. Her books and articles have been translated into 19 languages. Ellen is a long-time columnist for *Autism Asperger's Digest*, and a contributor to numerous publications and websites around the world. [ellennotbohm.com](http://ellennotbohm.com)

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A bestseller gets even better! Every parent, teacher, social worker, therapist, and physician should have this succinct and informative book in their back pocket. Framed with both humor and compassion, the book describes ten characteristics that help illuminate—not define—children with autism.

Ellen's personal experiences as a parent of children with autism and ADHD, a celebrated autism author, and a contributor to numerous publications, classrooms, conferences, and websites around the world coalesce to create a guide for all who come in contact with a child on the autism spectrum. This updated edition delves into expanded thought and deeper discussion of communication issues, social processing skills, and the critical roles adult perspectives play in guiding the child with autism to a meaningful, self-sufficient, productive life.

A bonus section includes ten more essential, thought-provoking "things" to share with young people on the spectrum as they cross the threshold of adulthood, and an appendix of more than seventy questions suitable for group discussion or self-reflection. This new edition sounds an even more resonant call to action, carrying the reader farther into understanding the needs and the potential of every child with autism.

Bronze Award in Psychology, ForeWord Book of the Year Awards  
Gold Award, Mom's Choice Awards

- Sales Rank: #10542 in Books
- Brand: Future Horizons
- Published on: 2012-10-01
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x 6.00" w x .75" l, .66 pounds
- Binding: Paperback
- 200 pages

## Features

- Future Horizons

## Review

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18 of 18 people found the following review helpful.

I particularly loved the chapters on understanding meltdowns and "can't" vs

By Cari Noga

I particularly loved the chapters on understanding meltdowns and "can't" vs. "won't" as behavioral causes and got this book from the library for my mother (ASD son's grandma) to read. She then ordered her own copy. I think this book has helped him gain another ally. It requires some faith to use these techniques, and I don't know that I would use them exclusively, but it's an excellent Autism 101, especially good to suggest to family/friends/teachers who don't live with it 24-7.

151 of 156 people found the following review helpful.

A Great Book which will change your child's life for the better

By Gavin Bollard

This is quite an unusual book. It's not a practical guide to handling day to day issues with Autism, nor is it a dry clinical description of Autism. It's essentially a book promoting a new paradigm, (a whole new outlook) on Autism. It provides you with an understanding of some key positive concepts and then goes on to show how they can be put into practical use on a daily basis.

I feel that this book could be better described with the considerably less catchy title of; Ten concepts which your future happy and successful grown up child with autism needs you to know, understand, believe and "live" now - in order to ensure that the time line works out for the best.

Make no mistake, these aren't ten baby concepts which will only hold true for a small part of your child's life. They're adult ones, mantras for living - and they apply forever.

The book starts with a list of the 10 things which I'll list below because there are no surprises here.

1. I am a whole child.
2. My senses are out of sync
3. Distinguish between won't and can't
4. I am a concrete thinker, I interpret language literally

5. Listen to all the ways I'm trying to communicate
6. Picture this! I am visually orientated
7. Focus and build on what I can do rather than what I can't do
8. Help me with social interactions
9. Identify what triggers my meltdowns
10. Love me unconditionally.

You'll notice that every one of these ten things is open-ended. Each topic contains a lot of important discussion material. I won't say that I agreed 100% with everything but the later chapters put all of my minor niggles to rest. Ellen makes it clear at the beginning of the book that all children are different and that not everything here will apply to every child.

This book spends quite a bit of time discussing the "language of autism" as it used by parents, media and support personnel. It makes it very clear that the way in which we express, embrace and encourage our children has monumental impact both on their self esteem and their future success. Often we use negative language without realising it and the book provides some handy hints on how to detect and remove these negative words from our daily interactions.

If you've ever used a phrase like "my child suffers from autism", then you really need to read this book. Similarly, if you've said; "my child will never do that".

The subject of the book is Ellen's son Bryce and by reading between the lines, you can follow his journey from a child seen as a PIA (Potentially Independent Adult) to a fully functional, self-supporting adult.

There are some wonderful "bonus chapters" in the book including; "Ten things I want my high school senior with Autism to know" and a great chapter called Evolution which really presses home the problems of limiting language. Finally, the book ends with some discussion questions which are really worth thinking about.

If it all sounds really technical, don't worry, it's not. In fact, it's quite an easy read at just under 200 pages and a really easy-going font but it's a book that will get you thinking and it's a book that could change your life. It probably should be required reading for all parents of children on the spectrum.

27 of 27 people found the following review helpful.

Good resource

By Michele P. Thomas

I am using this book for both personal and professional reasons. If you are a parent of an autistic child many of these things you have discovered already. That being said, if you have just received a diagnosis or are not familiar with autism this is a great book to read. It is written in Plain English . The book is organized so that one gets a brief overview of the ten things and then the chapters that follow are more in depth. I like this because it makes for easy reference. I also like the fact that it points out that no one should stereotype anyone. My sons autism is not who he is just one aspect of him. I introduce him as my son NOT my autistic son. This is a great text for educating your family members as well as those outsiders that are ignorant . I actually had an ignorant man ask me what is he? I replied a human being with special super powers.

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